

Bereavement Support Services

Comfort and guidance for challenging times

Bereavement Support Services provide confidential and professional support services to all family members and beneficiaries to cope with the loss of a loved one — at no extra cost.

In addition to coverage from Reliance Standard Life Insurance, all family members and beneficiaries are eligible to receive telephonic grief counseling sessions and legal and financial consultation through AllOne Health.

Grief Counseling:

- Up to 3 Telephonic Grief Counseling Sessions (per incident) for Assessment and Referral. Grief counseling also applies to pets.
- All Sessions Are Confidential, Conducted by Licensed Mental Health Clinicians

Legal and Financial Consultation:

- Consultation for a Wide Range of Legal and Financial Matters Including Estate Planning, Deeds, Wills and Trusts
- Telephonic Legal Consultation for Unlimited Number of Issues per Year. Includes One 30-minute In-office or Telephonic Consultation with Local Attorney and 25% Discount for Continued Services.
- Telephonic Financial Consultation for Unlimited Number of Issues per Year
- Do It Yourself Document Preparation through the Online Legal Resource Center, as well as Document Assistance Services at a Reduced Fee

Program Access:

- All Covered Employees, Family Members and Beneficiaries Eligible, Regardless of Location or Relationship
- Dedicated Toll-Free Line, Always Live Answer



Bereavement benefit services are provided by AllOne Health, under agreement with Reliance Matrix.

**Contact AllOne Health: Call 855-RSL-HELP (855-775-4357) or
visit allonehealth.com/reliance-matrix. Code: RSLI859**

Life comes with challenges. **Your Assistance Program is here to help.**

Your Assistance Program can help you reduce stress, improve mental health, and make life easier by connecting you to the right information, resources, and referrals.

All services are free, confidential, and available to you and your family members. This includes access to short-term counseling and the wide range of services listed below:

Mental Health Sessions

3 Sessions per incident* to manage stress, anxiety and depression, resolve conflict, improve relationships, and address any personal issues. Choose from in-person sessions, video counseling, or telephonic counseling.

Life Coaching

3 Sessions to reach personal and professional goals, manage life transitions, overcome obstacles, strengthen relationships, and achieve greater balance.

Financial Consultation

Unlimited requests to build financial wellness related to budgeting, buying a home, paying off debt, resolving general tax questions, preventing identity theft, and saving for retirement or tuition.

Legal Referrals

Unlimited referrals for personal legal matters including estate planning, wills, real estate, bankruptcy, divorce, custody, and more.

Work-Life Resources and Referrals

Obtain information and unlimited referrals when seeking childcare, adoption, special needs support, eldercare, housing, transportation, education, and pet care.

Personal Assistant

Save time with unlimited referrals for travel and entertainment, seeking professional services, cleaning services, home food delivery, and managing everyday tasks.

Medical Advocacy

Get unlimited help navigating insurance, obtaining doctor referrals, securing medical equipment, and planning for transitional care and discharge.

Member Portal and the AllOne Health App

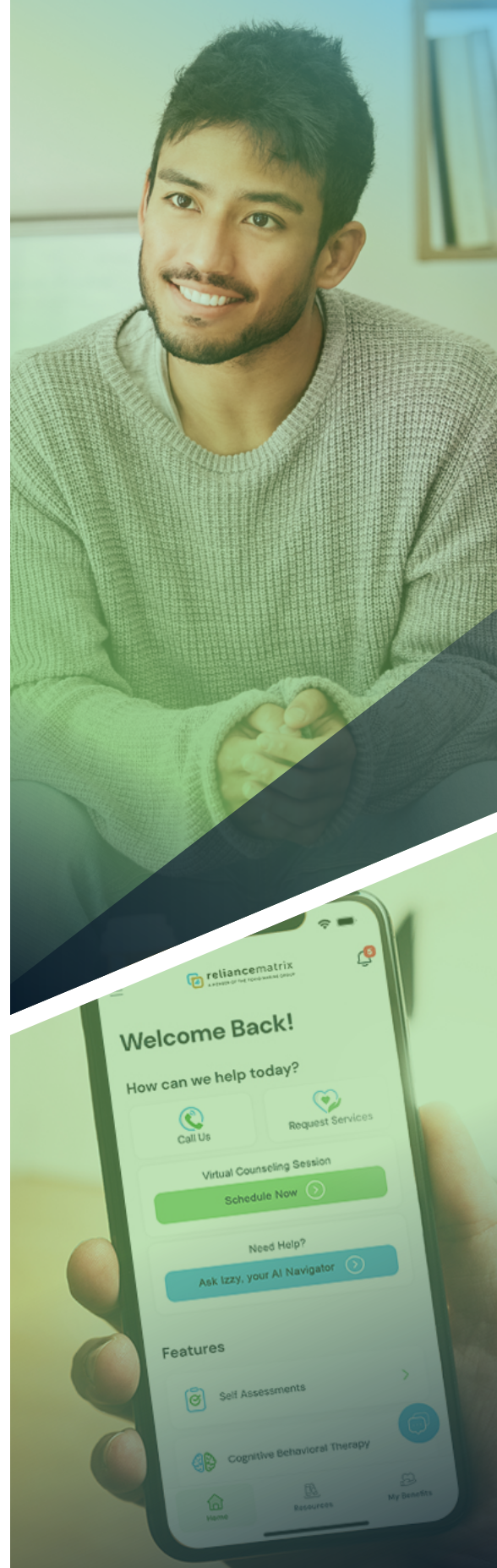
Instantly access 24/7/365 mental health support with self-scheduled virtual counseling sessions, on-demand self-help resources, and guidance from Izzy, your AI navigator. Download the AllOne Health App and use the member portal access code below to sign up.

EAP benefits are free of charge, 100% confidential, available to all family members regardless of location, and easily accessible through AllOne Health's 24/7, live-answer, toll-free number.

EAP services are provided by AllOne Health, under agreement with Reliance Matrix.

Reliance Matrix is a branding name. Reliance Standard Life Insurance Company (Home Office Schaumburg, IL) is licensed in all states (except New York), the District of Columbia, Puerto Rico, the U.S. Virgin Islands and Guam. First Reliance Standard Life Insurance Company (Home Office New York, NY) is licensed in New York and Delaware. Standard Security Life Insurance Company of New York (Home Office New York, NY) is licensed in all states. Absence services are provided by Matrix Absence Management, Inc. Product features and availability may vary by state.

*3 Sessions per Six Months for California Employees



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RS-2506 (11/2025)